

## NOVEMBER 30-DECEMBER 6

# JOY AS HUMBLE PRESENCE

**PSALM 131** 

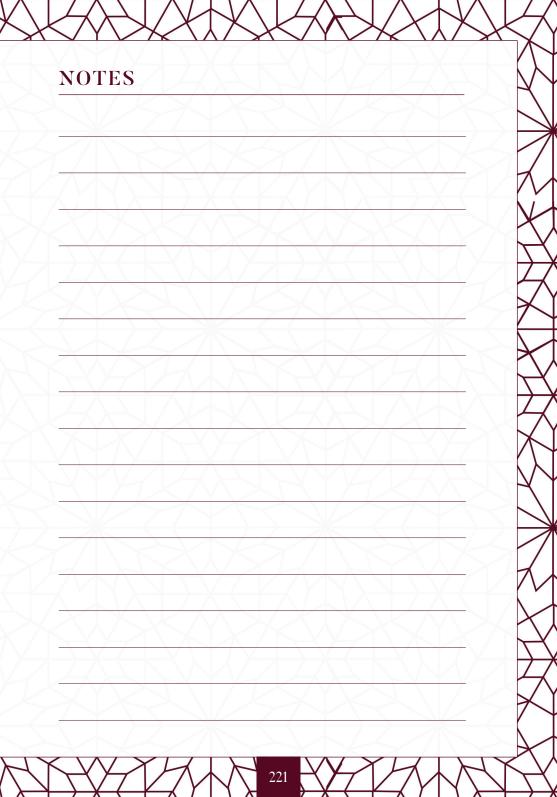
My heart is not proud, Lord, my eyes are not haughty; I do not concern myself with great matters or things too wonderful for me. But I have calmed and quieted myself, I am like a weaned child with its mother; like a weaned child I am content.

Israel, put your hope in the Lord both now and forevermore. (vv. 1-3)

DAILY DWELL

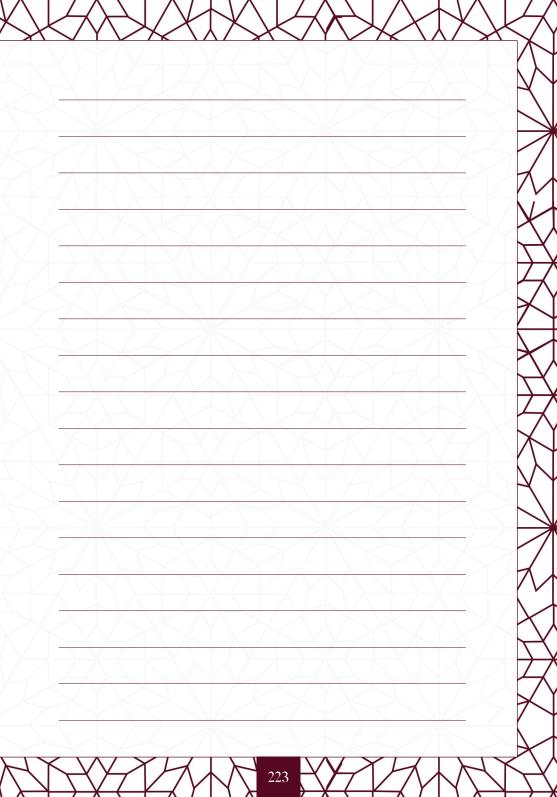
"My heart is not proud, LORD, my eyes are not haughty; I do not concern myself with great matters or things too wonderful for me."

Psalm 131:1



# REFLECTION QUESTIONS

- 1. What emotions does this Psalm stir within you? How do these feelings contrast with the expectations and pressures of the current season and culture?
- 2. Psalm 131 calls us to embrace humility and contentment before the Lord. In what practical ways do you cultivate these qualities in your daily life?
- 3. In a world that often values ambition and selfpromotion, how can adopting a posture of quiet trust in God reshape your approach to challenges and uncertainties?
- 4. How does recognizing your limitations and the sovereignty of God help you cultivate a deeper sense of peace and assurance in your life?



#### DECEMBER 7-13

## JOY AS PEACEFUL PRESENCE

#### PSALM 46

God is our refuge and strength, an ever-present help in trouble.

Therefore we will not fear, though the earth give way and the mountains fall into the heart of the sea, though its waters roar and foam and the mountains quake with their surging.

There is a river whose streams make glad the city of God, the holy place where the Most High dwells. God is within her, she will not fall; God will help her at break of day. Nations are in uproar, kingdoms fall; he lifts his voice, the earth melts.

The Lord Almighty is with us; the God of Jacob is our fortress.

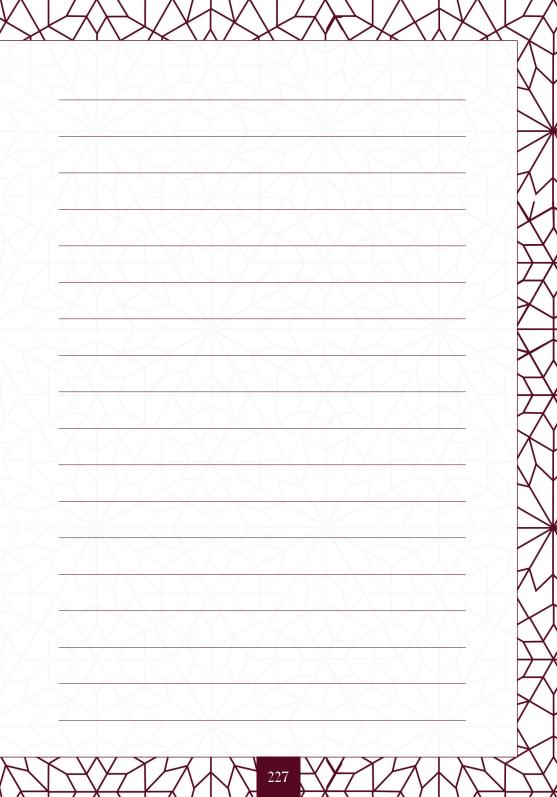
Come and see what the Lord has done, the desolations he has brought on the earth. He makes wars cease to the ends of the earth. He breaks the bow and shatters the spear; he burns the shields with fire. He says, "Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth."

The Lord Almighty is with us; the God of Jacob is our fortress. (vv. 1-11)

DAILY DWELL -		
He breaks the he burns the sh	s cease to the ends of the earth. bow and shatters the spear; hields with fire. till, and know that I am God"	
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# REFLECTION QUESTIONS

- 1. Even when the earth trembles and the mountains crumble into the sea, God offers us peace. How can you actively nurture that sense of peace and assurance in your life during this season?
- 2. The Psalmist never promises that challenges will vanish or not affect us. What certainties does this Psalm provide that we can cling to as believers in God, our Savior, during life's difficulties?
- 3. How can the Good News of Jesus provide peace in our lives today? In what ways do we anticipate the promises of fulfillment found in Christ?
- 4. This Psalm promises that God dwells within you. How does this direct access to him provide comfort amid the world's challenges? Do you believe that God is in control?



## DECEMBER 14-20

# JOY AS LOVING PRESENCE

PSALM 63

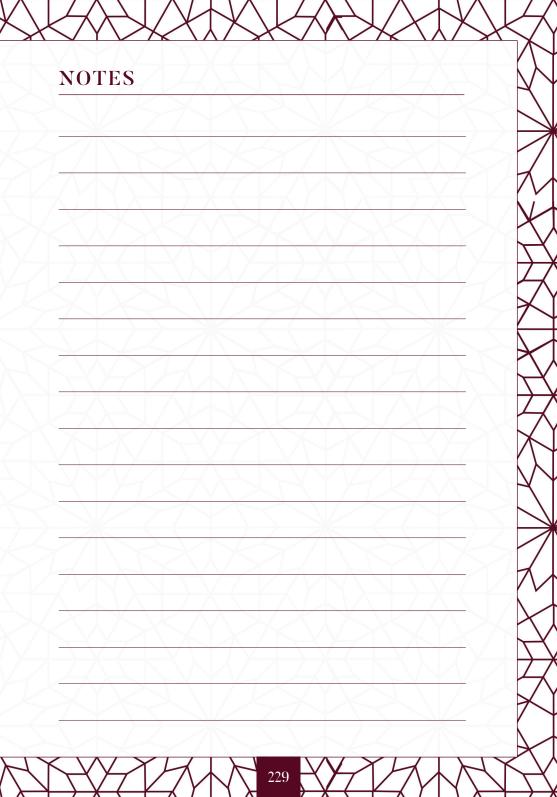
You, God, are my God, earnestly I seek you; I thirst for you, my whole being longs for you, in a dry and parched land where there is no water.

I have seen you in the sanctuary and beheld your power and your glory.
Because your love is better than life, my lips will glorify you.
I will praise you as long as I live, and in your name I will lift up my hands.
I will be fully satisfied as with the richest of foods; with singing lips my mouth will praise you.

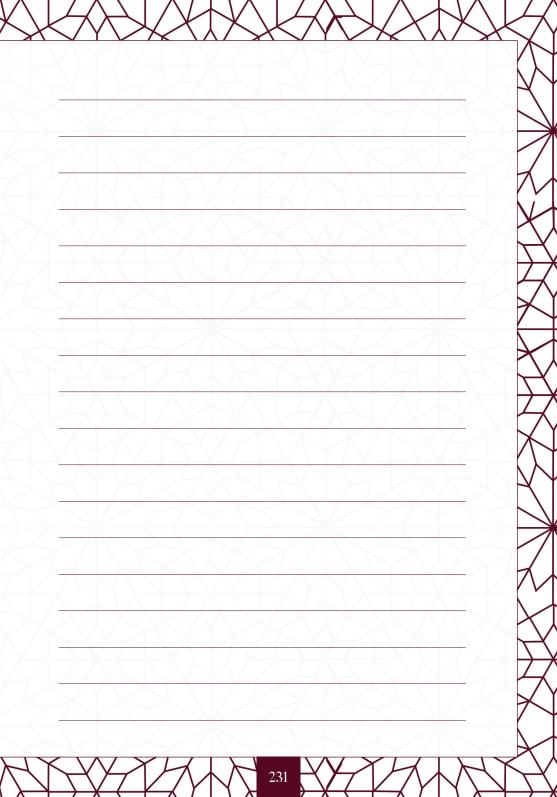
On my bed I remember you;
I think of you through the watches of the night.
Because you are my help,
I sing in the shadow of your wings.
I cling to you;
your right hand upholds me.
(vv. 1-8)

DAILY DWELL

"Because your love is better than life, my lips will glorify you." Psalm 63:3



# REFLECTION QUESTIONS 1. What would it be like to start each day with a deep thirst for God? In what ways can your body respond to his love? If this isn't your current reality, how might you ask God in faith to transform your longing for him? 2. Have you ever experienced a moment when you felt you were truly beholding God's power and glory? Can you describe that encounter and its impact on your faith? 3. How can you recognize if God's love is genuinely active in your life? What signs indicate his presence, and how have they transformed you? 4. In what ways does the Gospel reshape our invitation into God's love? How does this understanding deepen your relationship with him?



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#### DECEMBER 21-27

## JOY AS HOPEFUL PRESENCE

#### PSALM 23

they comfort me.

The Lord is my shepherd, I lack nothing.
He makes me lie down in green pastures, he leads me beside quiet waters, he refreshes my soul.
He guides me along the right paths for his name's sake.
Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff,

You prepare a table before me in the presence of my enemies.
You anoint my head with oil; my cup overflows.
Surely your goodness and love will follow me all the days of my life, and I will dwell in the house of the Lord forever.

(vv. 1-6)

#### DAILY DWELL

"Surely your goodness and love will follow me all the days of my life, and I will dwell in the house of the LORD forever." Psalm 23:6

# REFLECTION QUESTIONS

- 1. This Psalm beautifully captures the journey of life, even extending into the afterlife. If you were to divide this Psalm into sections, where would you draw the line between this life and the next? What promises are fulfilled?
- 2. Consider what God provides for us in the present such as green pastures, still waters, and right paths. How do you interpret these provisions in your own life?
- 3. Envision the banquet described in the Psalm. What does it signify that our cups overflow? What do you imagine life will be like living in the house of the Lord forever?
- 4. What is your highest joy and deepest hope in your faith? What do you give to God?