OVERFLOW LIVING WATER FOR AN EMPTY AGE

LISTENING & DISCERNMENT

GUIDE

OVERFLOW PODCAST

Subscribe to the Overflow Podcast on Apple or Spotify featuring John Ortberg, Ruth Haley Barton, and Justin Earley.



APPLE



SPOTIFY

THEN YOU WILL CALL, AND THE LORD WILL ANSWER;
YOU WILL CRY FOR HELP, AND HE WILL SAY: HERE AM I...
THE LORD WILL GUIDE YOU ALWAYS;
HE WILL SATISFY YOUR NEEDS IN A SUN-SCORCHED LAND
AND WILL STRENGTHEN YOUR FRAME.
YOU WILL BE LIKE A WELL-WATERED GARDEN,
LIKE A SPRING WHOSE WATERS NEVER FAIL.

ISAIAH 58:9, 11

CHECK-IN:

Overflow is our 2024 initiative designed to guide you along your journey with Jesus. The hope and dream of the year is that we will become more patient, loving, thoughtful, and kind as we intentionally keep God at the center of our lives.

How you spend time with God will not necessarily be exactly how your friend, spouse, or neighbor spends time with God. Overflow is designed to introduce ways you can quiet the busyness and noise to recenter God in your life. Welcome to the sixth month of practicing being in God's presence.

You need to know that these practices are here for you and God alone. You are uniquely made to commune with God. They are not meant to burden your to-do list or be 'one more thing' to accomplish this month. Our hope is that you faithfully practice the month's offering, use it if it helps you meet with God, or leave it behind if it tends to simply invite busyness into your life. Each season of life brings different needs and opportunities for growth, so reflect on which tools are helpful and how they are useful. Then, put aside those you do not need immediately, saving them for a time when life looks slightly different. Learn these ancient tools of connection and use what serves you in your context.



Review the past practices and take a moment to reflect on what serves your spiritual life right now. Begin to think through and note which practices spur growth with the Lord and how they help you draw near.

OVERFLOW LIVING WATER FOR AN EMPTY AGE

JANUARYTHE WAY OF JESUS

FEBRUARY PRAYER

MARCH SABBATH

APRIL SECRECY & CONFESSION

MAY
SOLITUDE & SILENCE

JUNE
LISTENING
& DISCERNMENT

WHAT IS LISTENING AND DISCERNMENT?

WHEN WE CONSIDER WHAT
CONSTITUTES A GOOD LISTENER,
WE OFTEN THINK OF SOMEONE WHO
SPEAKS LESS THAN THOSE AROUND
THEM. LISTENING IS SO MUCH MORE
THAN THAT.

THAT OFTEN EVOKES WONDER.

HOW DO WE KNOW WHAT GOD WANTS
US TO DO? WHAT IS THE RIGHT CHOICE?

DISCERNMENT IS MORE ABOUT BEING
IN RIGHT RELATIONSHIP WITH GOD

THAN ENSURING EVERY DECISION
IS MADE CORRECTLY.

LISTENING



Consider last month's findings that during a conversation, we must process over 60 bits of information per second while *listening* to a single person talk. These stimuli include body language, noticing facial expressions, context, etc. We even often listen to what is not being said as much as we *listen* to the words coming out of someone's mouth.

Listening, then, becomes more than simply speaking less. It means we become curious about the intricacies of the whole person: what they are saying, what they are not saying, what their context is, how their past would explain who they are, etc. To be a good listener, you must first be a curious person because listening is noticing all the signals surrounding you.

Listening is noticing.

DISCERNMENT

Discernment is about understanding and wisdom.

The process and our understanding is not always straightforward. It is a commitment to listen to God first through the scriptures, prayer, your community, and perhaps even unexpected interactions, then allowing those experiences to shape your focus.

Discernment is noticing God (listening) and allowing him to move you to wise action. As we pursue a relationship with God, we seek to apply God's point of view to everything we hear, read, and encounter. **Discernment is the second step in this two-part process**.

"THE IDEAL FOR HEARING FROM GOD IS DETERMINED BY WHO GOD IS, WHAT KIND OF BEINGS WE ARE AND WHAT A PERSONAL RELATIONSHIP BETWEEN OURSELVES AND GOD SHOULD BE.

OUR FAILURE TO HEAR FROM GOD HAS ITS DEEPEST ROOTS
IN A FAILURE TO UNDERSTAND, ACCEPT, AND GROW INTO A

CONVERSATIONAL RELATIONSHIP WITH GOD..."

DALLAS WILLARD



Do these definitions resonate with your understanding of listening and discernment?

How do you show a friend or family member you are listening to them?

WHY ARE LISTENING & DISCERNMENT COMBINED FOR PRACTICE THIS MONTH?

You cannot have discernment without first listening. If you listen but do not take the next actionable step of discernment, then listening produces no fruit. Both practices are required to lead the life of a disciple, being attuned to God's will and heart, changing your life and world for the better.

Listening and discernment are vital steps of joining Christ daily in the restoration of all things.

OUR PROMISE

In some ways, these two practices are the most challenging practices we have studied during Overflow. They are not difficult because God is hard to find. These practices are difficult because we often struggle with a wide range of what people consider God's influence and voice in their lives. That wide range can make us feel insecure about speaking the truth that God has helped us discern. Or, perhaps, can make us doubt God's presence in our personal encounters with him.

Here are the promises we can hold at the center of these practices:

GOD IS A HOLY GOD.

GOD IS A JUST GOD.

GOD IS AN UNCHANGING GOD.

That means anything that you discern God telling you can be verified by scripture, through prayer, and your community. You are not alone and are not being asked to listen and discern God's voice in a vacuum. We seek wisdom from God and those around us. The scriptures promise that God will direct your steps.

I will do what you have asked. I will give you a wise and discerning heart, so that there will never have been anyone like you, nor will there ever be.

1 KINGS 3:12

God has provided and will continue to provide guidance and wisdom; simply ask.



Do you believe God has given you a discerning heart? Why or why not?

A FEW POINTERS & SUGGESTIONS:



BE ATTENTIVE:

This month, we will examine multiple biblical characters and New Testament stories. Practice being attentive to the details of the stories, noticing what you see about God's motive, God's will, and God's voice.



BE AVAILABLE:

We have practiced being available for a friend, but now practice being available and open to hearing God's voice. Trust yourself and God enough to open your heart to the possibilities of the Spirit's movement.

THE ART OF DECISION MAKING

A Wall Street Journal article in 2016 estimated that adults make approximately 35,000 decisions per day. From simple things like getting out of bed or hitting that snooze button to a strategic business decision, we are surrounded with options all day.

This has led to a phenomenon called *decision fatigue*, describing the impaired ability to make decisions and control behavior as a consequence of repeated acts of decision-making. Evidence suggests that individuals experiencing decision fatigue demonstrate an impaired ability to make compromises, prefer a passive role in the process, and often make choices that seem impulsive.

Many leaders reported experiencing decision fatigue through the year of the COVID-19 pandemic. Suddenly, they were bombarded with daily decisions about staying open, keeping employees employed, masks, etc. With attention and focus on the act of keeping a business healthy while navigating the ever-changing COVID-19 guidelines, many leaders started to begin feeling worn down.

Perhaps we all suffer from this fatigue most days. We feel overwhelmed, incapable, and ill-informed. With the Internet at our fingertips, we have more information than ever before, but our knowledge is wide, not deep.

The world expects us to be experts, and as a result, we often feel that asking for help exposes a weakness within us.

As a disciple of Jesus, what is our response to this worldly reality?

This month, try to notice if you are experiencing decision fatigue, and as we work through the scriptures and group practice, see if you can discern the invitation God has for us to experience peace instead.

WHY DO WE PRACTICE?

Any person or group seeking God's will for their lives must practice listening and discernment.

We were given free will as a gift from God. This freedom can be a blessing of abundance—you are invited to live fully in the freedom and grace of Jesus Christ. It can also be overwhelming as we search for the perfect decision that reflects God's will for our lives.

Hear the good news and the promises of God: because you are fully loved and fully redeemed through the sacrifice of Christ, God can use and bless your decisions made by being present, aware, and focused on God.

The discernment process does not indicate there is only one correct choice in life's big decisions. It is simply an invitation to live life connected to the source of life himself.

In fact, one sign of spiritual growth and maturity is being able to easily notice God's presence and Spirit in your life. That perhaps means being more comfortable with the idea of noticing the Lord in your everyday, mundane interactions.



Consider how you make life-altering decisions. These are not necessarily spiritual decisions but large business or family decisions that you must make. Who do you consult? Whose guidance do you seek? What is your process for making big, life-altering decisions?

MOVING TOWARDS GOD

Each month, there are new podcast episodes featuring John Ortberg, Ruth Haley Barton, and Justin Earley in conversation by Dr. Richard Kannwischer.

This month, each episode highlights the idea of consolation and desolation. Initially offered in St. Ignatius' "Rules for the Discernment of Spirits" found in his *Spiritual Exercises*, these words are meant to give us a scale of how attuned we are to listening to God's Spirit in our lives.



Consider your normal response to someone asking you, "How are you?" Most of us quickly answer the question with a rote response such as "fine" or perhaps "tired." You have likely never answered that question with, "I am struggling with desolation."

While this will never be a typical response, it is something we should consider in our daily personal reflections.

Consolation is anything moving you toward God himself.

Desolation, then is anything that is moving you away from noticing or seeking the presence and voice of God. What draws your soul near to God? What distracts you?

When your heart finds joy in God and notices the beauty surrounding you in his creation, you experience consolation. When you find yourself feeling frustrated with your spiritual life, you often experience desolation. The power of these moments is that they often spur change and correct something within us.

The sign of a discerning person is that you are neither carelessly high in consolation nor despairingly low in desolation, but humble in consolation and trusting in desolation.

WHAT DOES SCRIPTURE TEACH?

THE BEST PLACE TO START YOUR
LISTENING AND DISCERNMENT
PRACTICE IS ALWAYS IN PRAYER.
PSALM 37 SAYS THAT WHEN
WE SEEK THE LORD ABOVE ALL
ELSE, HE DELIGHTS IN GIVING
HIS CHILDREN THE DESIRES OF
OUR HEARTS. WHAT A POWERFUL
REALIZATION. WHEN WE KEEP
THE LORD AT THE CENTER OF OUR
DESIRE, GOD WILL HONOR WHAT WE
ASK OF HIM.



Write out Psalm 37:3-5. Then, write your own version of that prayer, asking God to guide you in your listening and discernment this month. Consider your motivations for seeking God's favor during these practices, then ask God to correct any wrongs hiding in your heart as you seek him.

Our motivations matter—our obedience matters.

Consider the lives of Samuel and Saul in the Old Testament.

1 Samuel recounts the beginning of Samuel's ministry under the prophet Eli. It is a familiar story, and showcases Samuel's obedience and need for clarity from God. After hearing his name called during the middle of the night multiple times and mistaking it for Eli's voice, Samuel responds to the Lord with,

"SPEAK, FOR YOUR SERVANT IS LISTENING." 1 SAMUEL 3:10

Samuel's availability and obedience invite God's voice into his life.

Next, consider King Saul whose rule follows Samuel's. As Israel's first king, we expect Saul to be a discerning and obedient king for God and the people of Israel. Instead, we see Saul's character development as both flawed and, at times, familiar.

Background and Context: Under Samuel's leadership, the tribes of Israel battled successfully against the Philistines. One of the first stories we see of Saul is his military victory uniting Israel against the Ammonites as they attempted to take over the city of Jabesh in Gilead. Israel has enemies on all sides, which is part of the reason the tribes requested to be united under an earthly king. For Israel to continue receiving God's blessing and favor, God sends instructions through his prophet Samuel to King Saul.

To better understand the character development of King Saul, you are invited to dig into Scripture, using your Overflow Journal and prompts below.

Read 1 Samuel 8:6 and consider:

1. Who requested a king?



2. What is God's response?

What command from God does Samuel tell Saul in 1 Samuel 10:8?

Read 1 Samuel 13:1-15, then consider:

- 3. How did Saul disobey God in this narrative?
- 4. What excuses does Saul provide for his disobedience?
- 5. What does this story showcase about Saul's heart?

Finally, take a second to pause and reflect. Have you ever felt God's influence in your life and not responded? Did you make an excuse or, perhaps, justify the disobedience by doubting it was God speaking to you?

According to Tim Mackie, a contemporary bible scholar, Saul struggles with two major flaws: self-exaltation and self-deception.

Perhaps a person who considers himself so significant struggles to listen to others, even God. Saul is so afraid that Samuel and God will not be faithful; instead, Saul himself is found unfaithful.

As humans, we feel the need to be in control to avoid our biggest fears. This insecurity leads us to order our lives in an unholy way. Instead of trusting who God is, we elevate ourselves and our needs over God, even if unintentionally. For example, in the Garden of Eden, Adam and Eve's sin was not merely disobedience; it was their need to be as knowledgeable, and therefore as powerful, as God. They exalted themselves over God because they were deceived into their need for more.

We cannot be a people that notices, listens, and seeks God's voice if we are a people who belittle his presence and Spirit in our lives.

We must approach listening and discernment with a humble heart and an honest reflection of who we are and what we prioritize in our lives.



Are you the type of person trying to notice and listen to God in your life? Do you genuinely want to hear from him and share in his wisdom?

WHAT DID JESUS TEACH?

//

JESUS NEVER DID ANYTHING
ARBITRARILY. ONE OF THE MOST
BEAUTIFULLY STUNNING PARTS OF
SCRIPTURE IS THAT NO MATTER
HOW LONG YOU HAVE STUDIED,
THERE IS ALWAYS SOMETHING TO
LEARN. YOU WILL NEVER KNOW
EVERYTHING THERE IS TO KNOW
ABOUT THE BIBLE.

Jesus often spoke in metaphors, similes, and other literary devices that hold a trove of insight and imagination. Consider Jesus' most famous sermon, the sermon on the Mount. Jesus provides many instructions in his sermon. For example, Matthew 5:30 says,

"AND IF YOUR RIGHT HAND CAUSES YOU TO STUMBLE, CUT IT OFF AND THROW IT AWAY. IT IS BETTER FOR YOU TO LOSE ONE PART OF YOUR BODY THAN FOR YOUR WHOLE BODY TO GO INTO HELL."

Is Jesus asking you to cut off your hand if you make a mistake? Of course not. Instead, he offers this example to stress the importance of working towards the ideal of the Kingdom of God. Jesus is teaching that sin has life-altering consequences.

Jesus preaches self-awareness, a tool we have been practicing this year during Overflow, as a form of discernment. To seek God's values in this world, we must first recognize our own struggle with sin and our invitation to the Gospel.

The Gospel does not promise a road map of all the correct choices in life. God offers a full-access relationship with him.

While sin destroys, our relationship with the Father and Son restores.

Read John 9:1-12 and answer the following questions in your Overflow Journal:





- 2. What part of the body does he consider imperative to a life with God?
- 3. What is significant about the name of the place where Jesus instructs the man to rinse the mud from his eyes?
- **4.** Why would the eyes be an essential metaphor for the spiritual life?

As sent people, we are called to be in the world but not of the world. We are called to live by seeing the world and looking for God in all things and all people. We see God through our eyes, through our interactions, through our communities, and our world. Discernment is using wisdom to learn to see with and without your eyes.

THE STILL SMALL VOICE

Last month, we saw in Scripture how often God's presence is in the silence (1 Kings 19:12, KJV). God's voice is the "still small voice" that comes after the earthquakes and fires.



Reflect: Have you ever been driving down the street and had someone *randomly* enter your mind? Perhaps it was someone you have not thought about in years, but all of a sudden, you have an intense experience where you feel the need to call him/her. Did you follow through? Did you recognize that moment as potentially a move of the Spirit in your life?

Be encouraged: noticing, listening, and acting on behalf of God takes a lifetime of practice. And it takes sharing our stories to inspire those around us. When we see God at work in our lives, we need to tell others about his faithfulness.

COMMON MISCONCEPTIONS ON HEARING GOD

Dallas Willard, in his book *Hearing God*, outlines three mistaken views on how God speaks to us. As we practice this month, it is helpful to consider what it means to hear from God and what it does not mean.

1. A Message a Minute: According to this view, God is directing you at every turn and every minute or he is at least willing to tell you if you only ask. Willard writes, "I do not believe that either the Bible or our shared experience in the Way of Christ will substantiate this picture. There is no evidence in the life of Peter or Paul, for example, that they were constantly receiving communications from God" (76).

Instead, we are invited to a lifetime of communion with God himself. Just like the life we see in the Gospels of Jesus, we are invited into the obedience of resting in the mature will and understanding of our life before God.

- It is all in the Bible: While this view is meant to honor Scripture, it does not consider that many of life's specific circumstances are not dealt with in the Bible.
 - In 2022, during our year of "Quest: Exploring God's Story Together," we were able to see the larger picture and story of God's people. Scripture gives humankind guiding principles and a narrative of God's character. Even our exalted view of Scripture does not free us from the responsibility of learning to talk with God and hear him in the many ways he continues to speak to humankind.
- 3. Whatever Comes is God's Will: Many times, people say this to allow the peace of mind and freedom from struggle that much of life requires of us. However, it amounts to giving up any possibility of a conscious interchange between God and his people.
 - "IF YOU WISH TO KNOW WHAT GOD WOULD HAVE YOU DO, IT IS NO HELP AT ALL TO BE TOLD THAT WHATEVER COMES IS HIS WILL. FOR YOU ARE AT THAT MOMENT IN THE POSITION OF DECIDING WHAT IS TO COME. DOES IT MEAN THAT WHATEVER YOU DO WILL BE GOD'S WILL? I CERTAINLY HOPE NOT."

DALLAS WILLARD

We are invited into clear, specific communication from God through conscious experience within the context of a life immersed in God's Kingdom.

In the podcast this month, John Ortberg asks a pointed reflection question: Am I the type of person that God wants to speak to?

While this question should cause deep and serious consideration, it should also encourage you that you are invited into an intimate

and personal relationship with God. Discernment is the gift of a lifetime of faithful conversations with God.

Keep listening and practicing looking back to see what God has been doing in your life.



Have you ever thought one of the above misconceptions was true? Where did you first learn it and how does scripture refute it?

PLAN YOUR PRACTICE

Much of this month, and even this year, is about the desire to attune your heart and shift your focus to God.

Listening is noticing, looking, and being available. Hopefully, you can see how these practices build on each other as we progress through Overflow.

We continue practicing being available, and this month, we will focus on being available to God and his Spirit.

We value curiosity, and this month, we will practice being curious and open to what God is speaking into our lives through our community, church, and mundane daily interactions while we make our way through the world.

When we feel the Spirit move, we pray to be open to the Spirit's influence as we seek wisdom from God's word, God's people, and other disciples who are walking the path of Jesus. We strive to discern God's will on earth as we work to bring the Kingdom here.

This month, we simply listen and discern the best course of action. Then, we do it.

GROUP PRACTICE

//

WELCOME TO SUMMERTIME IN
ATLANTA, GEORGIA. AS YOU GATHER
THIS MONTH WITH YOUR OVERFLOW
GROUP, CONSIDER SLOWING DOWN
AND TREASURING THESE SLOWER
SUMMER MONTHS. THIS MONTH'S
PRACTICE IS ABOUT NOTICING
AND SHARING ABOUT GOD'S VOICE
IN YOUR LIFE.

BEGIN YOUR GROUP GATHERING
BY WATCHING THE INTRODUCTION
VIDEO FROM RICH.



LISTENING & DISCERNMENT INTRODUCTION VIDEO

LAST MONTH'S REFLECTION:

Before moving forward, reflect on where you are coming from. Last month, we shared a few moments and reflections of silence. Reflect together:



- Did you designate time to practice solitude and silence last month? If so, how did it go?
- 2. Is solitude and silence more or less intimidating as a spiritual practice?
- 3. Is this practice something you would consider shaping into a weekly, monthly, or yearly rhythm? Why or why not?

After your time of reflection from May, watch the video below to begin your group time this month.



Scan the QR code to watch the Listening and Discernment Teaching Video.
Videos are also on our website at PeachtreeChurch.com/Overflow and on YouTube.

Peachtree Church's GrACE Habits are a wonderful way to live your life. We all want and strive to be more:

GRATEFUL AVAILABLE CURIOUS ENCOURAGING

One of the best ways to be encouraging this month is to share our stories of God's voice and influence in our own lives. In April we practiced telling our faith journey story, and we practiced allowing our group members to share their testimony openly and honestly by being active listeners.

This month the invitation is similar, but the prompt is a bit different. Below is a series of reflections for the group leaders to read aloud.

OPEN IN PRAYER

Group Leaders read aloud the following:

This month, we will practice encouraging one another to listen to God's voice in our lives as we work to discern his will. There is a lot of collective wisdom sitting in this room, together, right now, which can help us discern and hear from God, as we have learned this month.

If you have done the curriculum already this month, you were invited to consider that part of hearing from God is sharing your experiences with others. This month we will practice sharing our experiences of hearing from God.

Take a few moments to write in your Overflow Journal about a time (perhaps a few times come to mind) that you heard from God or experienced his Spirit in your life. Perhaps it was when you were praying for an impending professional decision? Perhaps it was when you were making a life-altering decision (like who you were going to marry, or what school you were going to attend.) While you reflect, consider the following:

- 1. When you heard from God or experienced his Spirit, what did your daily habits of communion with God look like?
- 2. Were you asking to hear from God? How do you expect to hear from God?
- 3. How did you hear from God?
- 4. Did God use someone in your life to speak to you?

- 5. How did you use the gifts God has given you (like Scripture and community) to discern if this was God's will?
- **6.** What discipleship practices were you engaged in when God spoke to you?

After a time of reflection, please consider sharing your stories of listening and discernment with your group. As time allows, be open to questions so that we can all learn from each other about what it means to have a spirit that seeks to commune with God in all things.

While you listen, use your Overflow Journal to capture any patterns or similarities you see from the stories. What do these stories have in common? What do you notice about someone's life who is hearing from the Lord?

Then, share the patterns you noticed while listening to others' stories. Together, make a list of what is common about hearing God's voice, Spirit and influence in the lives of his beloved children.

Use the space below to list three attributes of God's voice in our lives that you discern with your Overflow Group.

1	
2.	
3.	

Conclude group time with a closing prayer, asking for us to be active listeners with a discerning spirit as we seek to follow in the ways of Jesus.

True listening involves more than just hearing words; it's about engaging with the hearts and minds of our loved ones. Discernment complements this by enabling us to respond with wisdom and grace to the needs and situations presented by our family members.

Below are some practical ways you can cultivate listening and discernment into the life of your family.

PRACTICAL WAYS TO CULTIVATE LISTENING IN YOUR PARENTING:

- Listen with the Heart: Tune into not only the spoken words but also the unspoken emotions and thoughts. This type of listening reassures our family members that they are truly heard.
- Listen Spiritually: Quiet your hearts to hear God's voice through scripture and prayer, opening yourself to guidance that shapes family life.
- Listen Actively: Employ methods like reflective listening, validating feelings, and asking open-ended questions to foster deeper connections and understanding.
- Listen Daily: Establish regular times for family members to share their thoughts and feelings and demonstrate care and interest in even the small details of your family member's lives.

PRACTICAL WAYS TO CULTIVATE DISCERNMENT IN YOUR PARENTING:

 Pray for Wisdom: Continually seek God's wisdom in your daily decisions. Remember, the Holy Spirit is our helper, always ready to guide us towards God's truth in every situation.

28

- Engage with Scripture: It's about actively applying God's Word to distinguish between right and wrong, guiding your family based on those principles.
- Discern in Community: Surround yourself with a faith community that values wisdom and discernment. Share your challenges and seek counsel to reinforce your own discernment.
- Model Discernment: Demonstrate to your children how to weigh choices and influences. Let them see you using discernment in how you manage relationships, choose media, and respond to cultural trends.
- Foster Open Conversations: Encourage open dialogue about the realities of the world, discussing why certain choices are made and emphasizing the importance of aligning these with biblical principles.

Each month, our Family Ministry Team will provide resources for your family to experience these practices in your home.

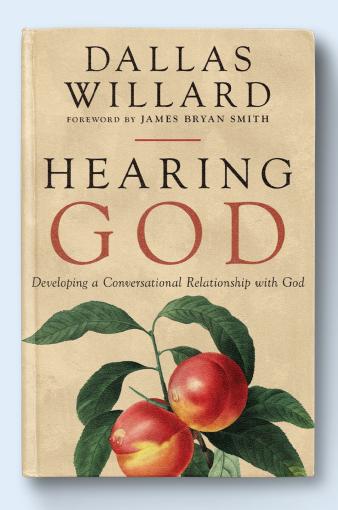


Scan the QR code to watch members from our Family Ministry Team help you as you continue to discern what this practice could look like in your family.

RESOURCES

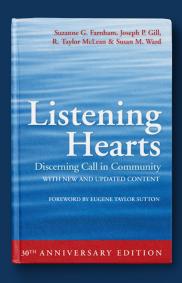
Want to go deeper in Listening and Discernment Practices?

Consider reading the suggested resource below:



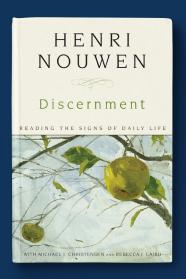
HEARING GOD

Dallas Willard



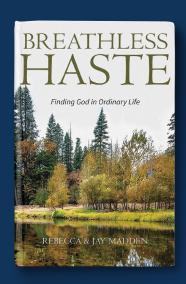
LISTENING HEARTS

Suzanne G. Farnham



DISCERNMENT

Henri Nouwen



BREATHLESS HASTE

Rebecca and Jay Madden

DO NOT CONFORM TO THE
PATTERN OF THIS WORLD, BUT BE
TRANSFORMED BY THE RENEWING
OF YOUR MIND. THEN YOU WILL
BE ABLE TO TEST AND APPROVE
WHAT GOD'S WILL IS—HIS GOOD,
PLEASING AND PERFECT WILL.

ROMANS 12:2

