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**ASKING GOD
FOR WHAT
YOU NEED**

MAY 4-10

HEAR ME

PSALM 39

“Show me, LORD, my life’s end
and the number of my days;
let me know how fleeting my life is.
You have made my days a mere handbreadth;
the span of my years is as nothing before you.
Everyone is but a breath,
even those who seem secure....

“Hear my prayer, LORD,
listen to my cry for help;
do not be deaf to my weeping.
I dwell with you as a foreigner,
a stranger, as all my ancestors were.
Look away from me, that I may enjoy life again
before I depart and am no more.”

(vv. 4-5, 12-13)

DAILY DWELL

“Hear my prayer, LORD,
listen to my cry for help...” Psalm 39:12

REFLECTION QUESTIONS

1. Can you recall a time when you felt too ashamed to approach God? What contributed to that feeling, and how did you navigate it?
2. What experiences or signs in your life give you confidence that God hears your cries and prayers? How do you hold onto that assurance during challenging times?
3. In what ways does the practice of numbering your days influence your priorities and decisions? How do you choose to spend your time in light of this understanding?
4. How can this Psalm provide you with hope and encouragement to continue talking with God?

MAY 11–17

SEARCH ME

PSALM 139

You have searched me, LORD,
and you know me.

You know when I sit and when I rise;
you perceive my thoughts from afar.

You discern my going out and my lying down;
you are familiar with all my ways.

Before a word is on my tongue
you, LORD, know it completely.

You hem me in behind and before,
and you lay your hand upon me.

Such knowledge is too wonderful for me,
too lofty for me to attain.

Where can I go from your Spirit?

Where can I flee from your presence?

If I go up to the heavens, you are there;

if I make my bed in the depths, you are there.

If I rise on the wings of the dawn,

if I settle on the far side of the sea,

even there your hand will guide me,

your right hand will hold me fast.

If I say, "Surely the darkness will hide me

and the light become night around me,"

even the darkness will not be dark to you;

the night will shine like the day,

for darkness is as light to you.

For you created my inmost being;

you knit me together in my mother's womb.

I praise you because I am fearfully and

wonderfully made;

your works are wonderful,
I know that full well....

Search me, God, and know my heart;
test me and know my anxious thoughts.
See if there is any offensive way in me,
and lead me in the way everlasting.

(vv. 1-14, 23-24)

DAILY DWELL

**“Search me, God, and know my heart;
test me and know my anxious thoughts.
See if there is any offensive way in me,
and lead me in the way everlasting.”** Psalm 139:23-24

NOTES

REFLECTION QUESTIONS

1. What aspects of your life might lead you to want to hide from God? How does shame influence that desire?
2. What does it mean to you to be truly known by God? How does this understanding impact your faith?
3. In verse 16, David writes, "all the days ordained for me were written in your book." How does this idea influence your sense of belonging and comfort in your relationship with God? Why do you feel that way?
4. Which human relationship in your life most closely resembles your relationship with God? What similarities do you see, and how do they enrich your understanding of your faith?

MAY 18–24

BLESS ME

PSALM 67

May God be gracious to us and bless us
and make his face shine on us —
so that your ways may be known on earth,
your salvation among all nations.

May the peoples praise you, God;
may all the peoples praise you.
May the nations be glad and sing for joy,
for you rule the peoples with equity
and guide the nations of the earth.
May the peoples praise you, God;
may all the peoples praise you.

The land yields its harvest;
God, our God, blesses us.
May God bless us still,
so that all the ends of the earth will fear him.

(vv. 1-7)

DAILY DWELL

**“May God be gracious to us and bless us
and make his face shine on us —
so that your ways may be known...”** Psalm 67:1–2

MAY 25–31

REMEMBER ME

PSALM 25

In you, LORD my God,
I put my trust.

I trust in you;
do not let me be put to shame,
nor let my enemies triumph over me.
No one who hopes in you
will ever be put to shame,
but shame will come on those
who are treacherous without cause.

Show me your ways, LORD,
teach me your paths.
Guide me in your truth and teach me,
for you are God my Savior,
and my hope is in you all day long.
Remember, LORD, your great mercy and love,
for they are from of old.
Do not remember the sins of my youth
and my rebellious ways;
according to your love remember me,
for you, LORD, are good.

(vv. 1-7)

DAILY DWELL

**“...according to your love remember me,
for you, LORD, are good.”** Psalm 25:7

REFLECTION QUESTIONS

1. We are assured that “No one who hopes in you will ever be put to shame” (v. 3). In what ways does your hope in God influence the direction of your life?
2. In Psalm 25, David’s prayer follows the themes of *show me, guide me, remember me, and do not remember my sins*. What do you wish God to reveal to you? How do you seek his guidance? What aspects of your life do you hope he will remember, and what do you desire him to forget?
3. David expresses a fear that without God’s remembrance and grace he may face shame and defeat by his enemies. What fears can you bring before God, and how can you seek his protection against them?
4. What practices or reminders help you recognize that God not only remembers you, but guides you with mercy and love in your life?
