

**MARCH**

**cu.  
ri  
o  
us**

**BRINGING YOUR  
QUESTIONS  
TO GOD**

MARCH 2-8

---

## WHAT IS MAN THAT YOU ARE MINDFUL OF HIM?

---

### PSALM 8

LORD, our Lord,  
how majestic is your name in all the earth!

You have set your glory  
in the heavens....

When I consider your heavens,  
the work of your fingers,  
the moon and the stars,  
which you have set in place,  
what is mankind that you are mindful of them,  
human beings that you care for them?

(vv. 1, 3-4)

---

DAILY DWELL

---

**“LORD, our Lord, how majestic is your name  
in all the earth!...”** Psalm 8:1

---





## REFLECTION QUESTIONS

---

1. Have you ever gazed at the grandeur of creation and felt small in comparison? What did you learn about God in that moment? About yourself?
2. How does the majesty of God inspire you to be a steward of the world? What questions do you have about your role in God’s Kingdom?
3. When you consider the heavens, what do you imagine?
4. In Psalm 8, David asks God, “what is mankind that you are mindful of them” (v. 4). Have you ever felt unworthy before God? How does God redeem your feelings of insignificance?

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

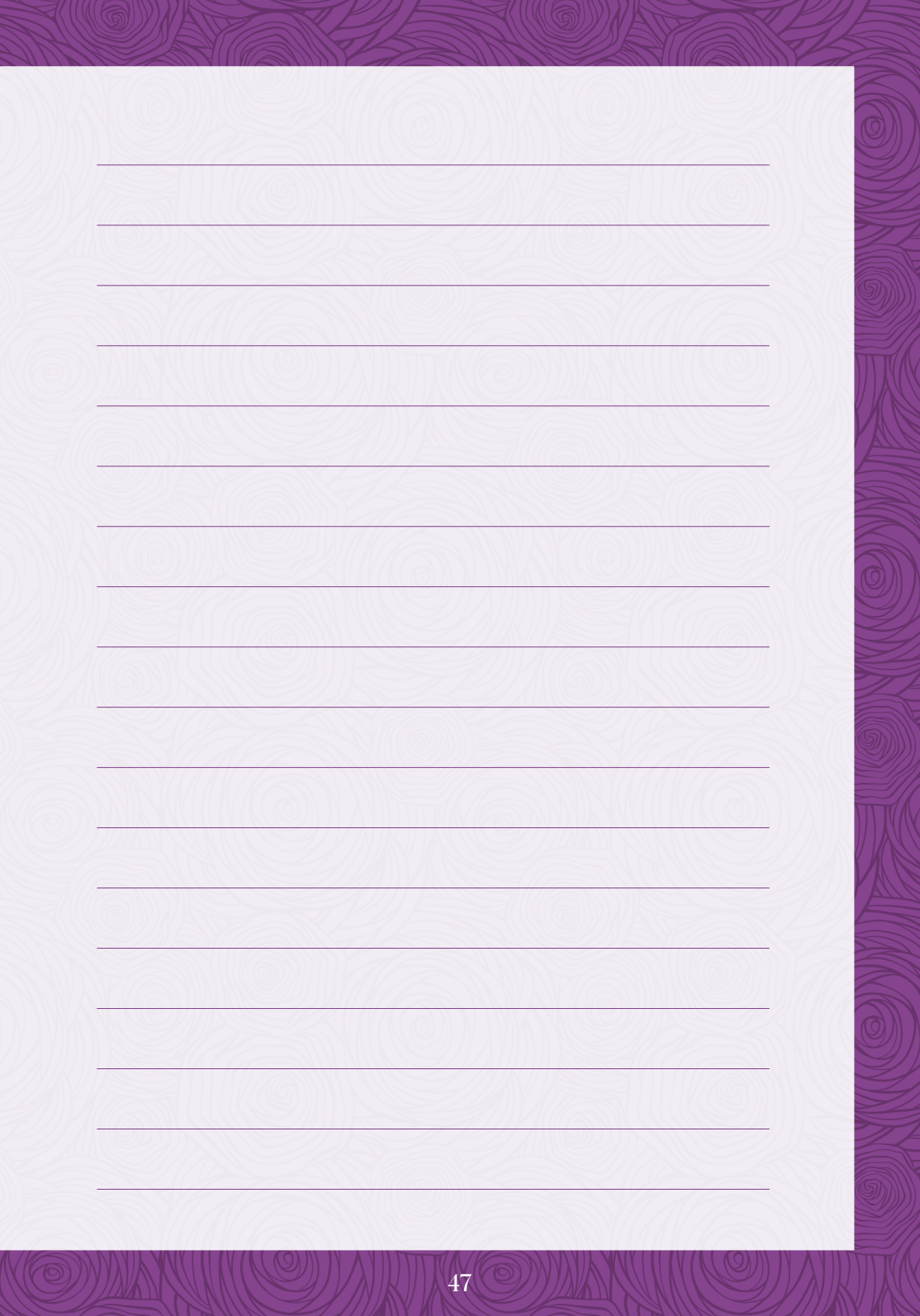
---

---

---

---

---



---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---



MARCH 9–15

---

## HOW CAN WE SING IN A FOREIGN LAND?

---

### PSALM 137

By the rivers of Babylon we sat and wept  
when we remembered Zion.  
There on the poplars  
we hung our harps,  
for there our captors asked us for songs,  
our tormentors demanded songs of joy;  
they said, “Sing us one of the songs of Zion!”

How can we sing the songs of the LORD  
while in a foreign land?

(vv. 1–4)

---

DAILY DWELL

---

“How can we sing the songs of the LORD  
while in a foreign land?” Psalm 137:4

---



## REFLECTION QUESTIONS

---

1. Have you ever been unfairly treated because of your faith? If so, what happened?
2. How do you turn toward God during your most challenging moments? How do you remind your heart and soul of his promises for your life?
3. What does this Psalm say about our world? What similarities can you see between the Psalmist and your experience? What differences?
4. What do you consider your greatest joy in moments when you face condemnation for your faith? How do you access that joy when your heart is filled with grief?

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---





MARCH 16–22

---

## HOW LONG?

---

### PSALM 13

How long, LORD? Will you forget me forever?  
How long will you hide your face from me?  
How long must I wrestle with my thoughts  
and day after day have sorrow in my heart?  
How long will my enemy triumph over me?...

But I trust in your unfailing love;  
my heart rejoices in your salvation.  
I will sing the LORD's praise,  
for he has been good to me.

(vv. 1-2, 5-6)

---

DAILY DWELL

---

**“I will sing the LORD's praise,  
for he has been good to me.”** Psalm 13:6

---

# NOTES

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---



## REFLECTION QUESTIONS

---

1. Have you ever found yourself asking God, “How long, Lord?” (v. 1)? What brought you peace during that time?
2. Have you ever felt forgotten by God? What was that experience like for you?
3. When you feel alone or forgotten, what promises of God do you hold tightly? What fills your worship and prayers?
4. Do you believe in God’s unwavering love? What past experiences have strengthened your faith in him?

---

---

---

---

---

---

---

---

---

---

---

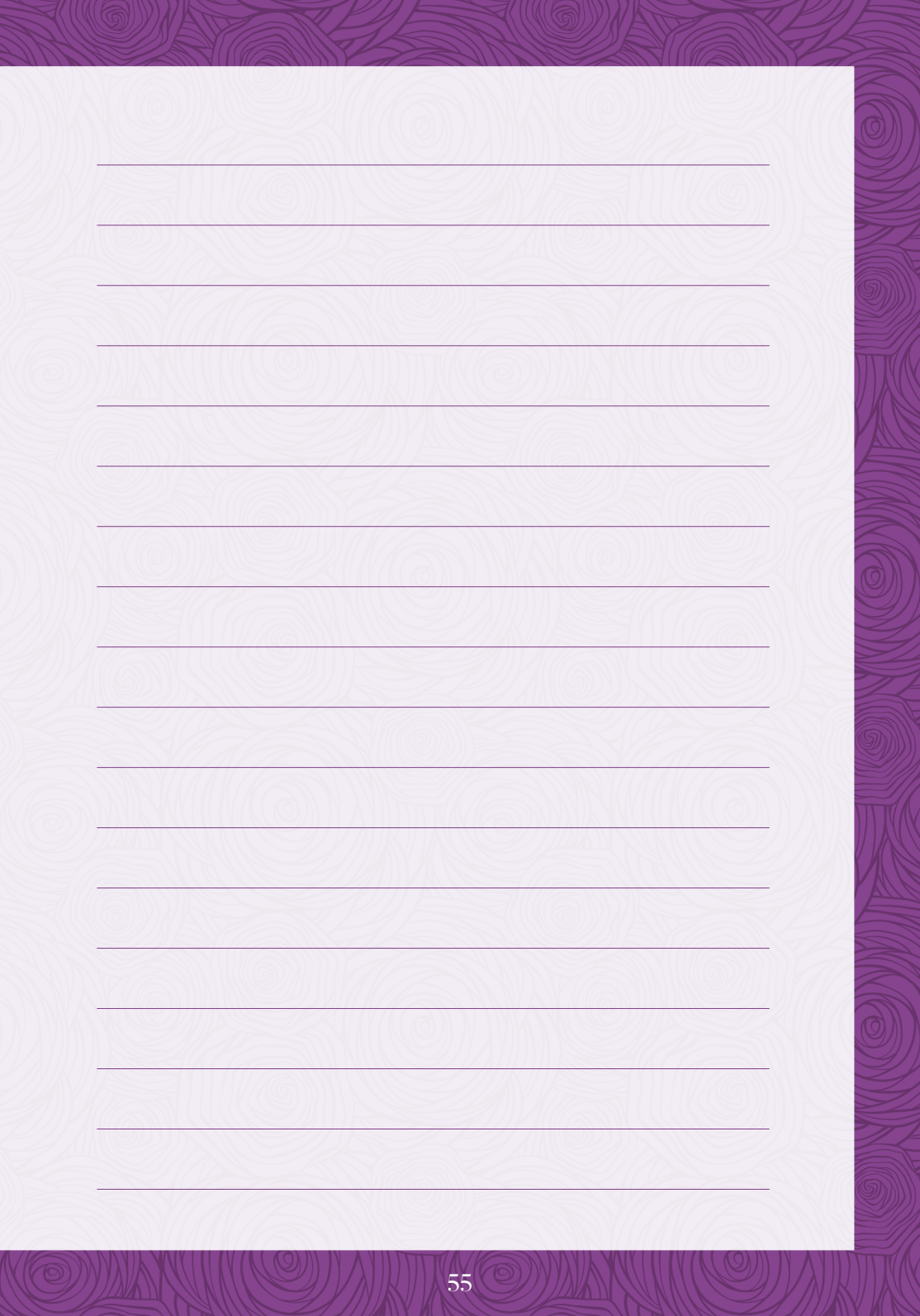
---

---

---

---

---



MARCH 23–29

---

## WHY HAVE YOU FORSAKEN ME?

---

### PSALM 22

My God, my God, why have you forsaken me?  
Why are you so far from saving me,  
so far from my cries of anguish?  
My God, I cry out by day, but you do not answer,  
by night, but I find no rest.

Yet you are enthroned as the Holy One;  
you are the one Israel praises.  
In you our ancestors put their trust;  
they trusted and you delivered them.  
To you they cried out and were saved;  
in you they trusted and were not put to shame.

(vv. 1-5)

---

DAILY DWELL

---

**“My God, my God,  
why have you forsaken me?...”** Psalm 22:1



## NOTES

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

## REFLECTION QUESTIONS

---

1. While on the cross, Jesus cries out, "My God, my God, why have you forsaken me?" (Matthew 27:46). Imagine the weight of the agony expressed in that moment. What do you see?
2. Have you ever felt desperate in your search for God? How did you seek him?
3. When you look back on your moments of desperation, where do you see God's presence?
4. This Psalm concludes with an exhortation to teach future generations about the Lord's righteousness. How can you share your experiences with others to help them see his love for us all?

---

---

---

---

---

---

---

---

---

---

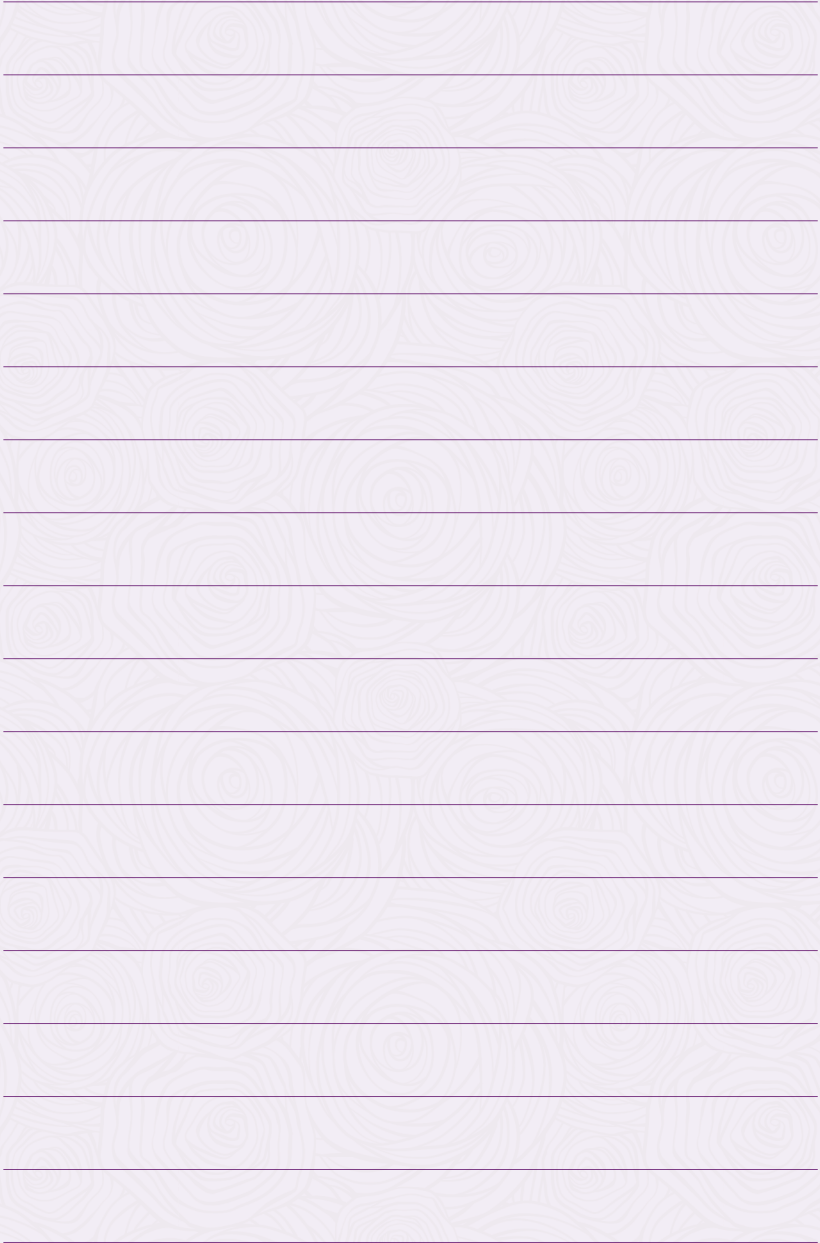
---

---

---

---

---



A page featuring a purple floral pattern border on the top, bottom, and right sides. The central white area is ruled with 16 horizontal lines, providing a space for writing.



MARCH 30–APRIL 5

---

## WHERE WILL MY HELP COME FROM?

---

PSALM 121

I lift up my eyes to the mountains —  
where does my help come from?  
My help comes from the LORD,  
the Maker of heaven and earth.

He will not let your foot slip —  
he who watches over you will not slumber;  
indeed, he who watches over Israel  
will neither slumber nor sleep.

The LORD watches over you —  
the LORD is your shade at your right hand;  
the sun will not harm you by day,  
nor the moon by night.

The LORD will keep you from all harm —  
he will watch over your life;  
the LORD will watch over your coming and going  
both now and forevermore.

(vv. 1-8)

---

DAILY DWELL

**“My help comes from the LORD, the Maker of heaven and earth. He will not let your foot slip — he who watches over you will not slumber; indeed, he who watches over Israel will neither slumber nor sleep. The LORD watches over you...”** Psalm 121:2–5



## REFLECTION QUESTIONS

---

1. In what ways do you reach out to God for help? During which moments in your life do you feel you need his guidance the most?
2. What does it mean to you that the Lord neither slumbers nor sleeps, but constantly keeps a vigilant watch over you?
3. While the protections mentioned in this Psalm relate specifically to travel in Ancient Israel, how do you perceive God's protection in your life today?
4. Think back to a moment when you clearly recognized God's presence and protection in your life. What transpired, and how did you come to realize that he was looking out for you?

---

---

---

---

---

---

---

---

---

---