

FEBRUARY

DWELL
LIVING IN GOD'S PRESENCE
WITH THE PSALMS

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**LOVING THE ONE
TO WHOM YOU PRAY**

This year we are focused on the Book of Psalms as we learn more about God, become a people who know him, and find within these songs a familiarity of both struggle and hope.

The Old Testament is a story of God's people—their struggles, their joys, their triumphs, their sorrows, their defeat, and their yearning for God's protection and grace. In it, we can find ourselves.

This month, we allow ourselves the freedom and time to become amazed by the God to whom we pray. We praise God for who he is. He is our creator and our sovereign; he is faithful and just.

FOCUS PSALMS

Psalm 19 | God is Creator

Psalm 145 | God is Sovereign

Psalm 86 | God is Faithful

Psalm 146 | God is Just

Below is one way you could consider running your group during the meeting this month. However, this is merely a suggestion as we recognize that each group is different. Grab your Dwell journal, or your Bibles, and feel the freedom to move throughout the text and Word for the month.

Step 1:

Get to know each other

Begin with an ice breaker. Allow 10 minutes for each group member to share where they've experienced God's goodness in the past year. (10 minutes total)

Step 2:

Set intentions

After sharing for a few minutes, set aside another 10 minutes for your group to share goals and intentions for your time together this year. Consider answering the following: (10-15 minutes)

- Where will we meet?
 - How often will we meet?
 - Is there an expectation of food? If so, how can we share the responsibilities?
 - What is our commitment to each other? Do we commit to showing up consistently and marking this time as a priority in our schedule?
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Step 3:

Watch a podcast episode together

- There are podcast videos available to view as a group. Each month we will release a conversation with N.T. Wright and Rich Villodas, both on camera. In January, we released a conversation with Keith Getty and Pastor Rich that specifically speaks to parents. Choose one of them to view together as a group for your first meeting. (approximately 25 minutes)
 - Episodes here: PeachtreeChurch.com/DwellPodcast
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Step 4:

In learning, it is imperative that we create space to reflection. It is often in the reflection of what we see and hear that we are able to make connections to ourselves, where the knowledge becomes real and transformative.

So, take 10 minutes for reflection by asking:

1. What stood out to you in this conversation? What resonated with you?
2. How do you see your life reflected in the Psalms?

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