



**// OVERFLOW**  
LIVING WATER FOR AN EMPTY AGE

**WORSHIP &  
CELEBRATION**

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**GUIDE**



## OVERFLOW PODCAST

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Ruth Haley Barton, and Justin Earley.

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APPLE



SPOTIFY

PRAISE THE LORD.

PRAISE GOD IN HIS SANCTUARY;  
PRAISE HIM IN HIS MIGHTY HEAVENS.  
PRAISE HIM FOR HIS ACTS OF POWER;  
PRAISE HIM FOR HIS  
SURPASSING GREATNESS.

PRAISE HIM WITH THE SOUNDING  
OF THE TRUMPET,  
PRAISE HIM WITH THE HARP AND LYRE,  
PRAISE HIM WITH TIMBREL AND DANCING,  
PRAISE HIM WITH THE STRINGS AND PIPE,  
PRAISE HIM WITH THE CLASH OF CYMBALS,  
PRAISE HIM WITH RESOUNDING CYMBALS.

LET EVERYTHING THAT HAS  
BREATH PRAISE THE LORD.

PRAISE THE LORD.

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PSALM 150

# WHAT IS WORSHIP?



LET'S BEGIN WITH THIS SIMPLE  
AND PROFOUND TRUTH: YOU ARE  
MADE TO WORSHIP.

TO WORSHIP SOMETHING MEANS  
TO SHOW ADORATION AND  
REVERENCE. INHERENTLY,  
THERE IS SOMETHING INSIDE EACH  
OF US THAT DESIRES WORSHIP.  
WE WORSHIP TO EXPRESS OUR  
DESIRES, NEEDS, AND LOVE.

**The question this month is not “Do you worship?”**

**The question is, “What do you worship?”**

We all worship something. Throughout the Overflow journey, we have been intentional about noticing where we focus our time. Perhaps how we spend our time is an indication of what we worship. If we tracked our finances, that too may suggest what we adore.

This month, we will recenter ourselves through the practice of worship. We will worship together as the Body of Christ by beholding in worship on Sunday mornings, and we will worship God every day for his beauty and goodness.

In the podcast this month, John Ortberg says that worship is, at its core, a celebration of the resurrection and story of God’s people.

You are invited to slow down, be in awe of God’s majesty and adoration of you, and turn to worship as a response to God’s tremendous goodness, wonder, and generosity of the cross.

**In your Overflow Journal, consider the following:**



1. What would your calendar say that you adore? What would your finances suggest is your priority?
2. Have you ever experienced a moment that caused your soul to cry out in worship?

The Overflow spiritual practices help us establish a rhythm of worship in our daily lives. We build a strong foundation for ourselves and our families through prayer, worship, celebration, and other spiritual disciplines. By developing these habits during times of ease, we can rely on these rhythms to guide us through challenges.

Eugene Peterson says it like this:

**“FEELINGS ARE GREAT LIARS. IF CHRISTIANS WORSHIPPED ONLY WHEN THEY FELT LIKE IT, THERE WOULD BE PRECIOUS LITTLE WORSHIP. WE THINK THAT IF WE DON’T FEEL SOMETHING THERE CAN BE NO AUTHENTICITY IN DOING IT. BUT THE WISDOM OF GOD SAYS SOMETHING DIFFERENT: THAT WE CAN ACT OURSELVES INTO A NEW WAY OF FEELING MUCH QUICKER THAN WE CAN FEEL OURSELVES INTO A NEW WAY OF ACTING. WORSHIP IS AN ACT THAT DEVELOPS FEELINGS FOR GOD, NOT A FEELING FOR GOD THAT IS EXPRESSED IN AN ACT OF WORSHIP.”**

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## WHAT IS CELEBRATION?

Celebration is an expression of the joy you experience when something great happens. This may look like celebrating your favorite sports team in a stadium surrounded by thousands of your closest friends. Or this looks like a quiet dinner on a Friday night, ushering in a weekend after a week gone by.

Celebration happens regularly around the world, and it is easy to spot. But celebration belongs more in a church than anywhere else.

Celebration in the Church looks like standing together, reciting baptism vows as parents present their child and promise to raise this new life surrounded by God’s family.

It's the wedding vows and commitment followed by dinner and dancing.

**We know celebration. Our souls long for it.**

**In your Overflow Journal:**



1. **Reflect:** Do you have any rhythms of celebration in your life? If so, what do these rhythms look like?
2. Do you celebrate the small victories, or do you wait for more significant celebrations? Why?

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## **OUR PROMISE**

The promise this month is really simple: This is a fun month! We want you to experience deep joy, laughter, excitement, gratitude, and fun this month. You have practiced slowing down, creating space, and simplifying. Last month, we spent time in the Word of God, hearing the Good News of the Cross. Now we get to celebrate and worship together!

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# A FEW POINTERS & SUGGESTIONS:

## GO TO CHURCH:



It is hard to worship alone. Be intentional about coming to church this month. Go a step further by finding a friend who you can invite to join you. Scripture promises that our hearts will be renewed and encouraged when we all worship together.

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## CELEBRATE THE SMALL THINGS:



You do not have to wait until the finish line to celebrate, you get to celebrate the big and small things. This month, be intentional about celebrating yourself and those around you for the small accomplishments.

Joy is a response to the practice of celebration. Be uncomfortable about how much you celebrate this month; be unapologetically enthusiastic for those around you, and help bring joy to yourself and others.

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## GATHER AROUND THE TABLE TO FEAST:



A practical way to celebrate is to feast together. Be intentional about sitting down with your friends, family, co-workers, or neighbors to delight yourself in celebrating around a table.



# WHY DO WE PRACTICE?

At Peachtree Church, we have a way to measure our discipleship journey.

We ask ourselves:

**Gr: Are we becoming more Grateful?**

**A: Are we becoming more Available?**

**C: Are we becoming more Curious?**

**E: Are we becoming more Encouraging?**

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**As we engage in worship and celebration this month, we will focus on cultivating gratitude and encouragement.**

When we come before Jesus in worship, we are confronted with our own inadequacies. Worship compels us to acknowledge our complete dependence on God's grace and mercy, leading us to become more grateful for the generous gift of redemption.

By nurturing gratitude, we free ourselves from the exhausting cycle of comparison and instead embrace the abundance of life. As we encourage others to do the same, we reflect the joy of Christ.

During this month, our goal is to use worship and celebration as tools to become grateful and encouraging followers of Christ.

# WHAT DOES SCRIPTURE TEACH?



WORSHIP AND CELEBRATION  
ARE PRACTICES SCATTERED  
THROUGHOUT THE BIBLE, IN THE  
OLD AND NEW TESTAMENTS.  
WORSHIP CELEBRATES GOD FOR  
HIS FAITHFULNESS; CELEBRATION  
REMINDS OUR HEARTS OF GOD'S  
DEEP-ROOTED GOODNESS.

It is worth diving into the rhythms of worship and celebration in Scripture to better understand why we consider these spiritual practices. Many of what we think of as Jewish holidays were initially known as festivals. For example, Passover recalls the miraculous deliverance from Egyptian bondage and reinforces themes of salvation and divine providence.

Central to every Passover celebration is the Seder meal, an elaborate ritual incorporating symbolic foods around a table. Each meal element carries deep meaning, and the celebration fosters communal identity among the Jewish people, linking them to the narrative of God's favor for his people. Through storytelling and celebration, generations are reminded of God's mighty deeds and enduring promises.

This is how Scripture commands celebration:

**THIS IS A DAY YOU ARE TO COMMEMORATE; FOR THE GENERATIONS TO COME YOU SHALL CELEBRATE IT AS A FESTIVAL TO THE LORD—A LASTING ORDINANCE. FOR SEVEN DAYS YOU ARE TO EAT BREAD MADE WITHOUT YEAST.**

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#### **EXODUS 12:14–15**

If you kept reading, you would see that they celebrated as a way to commemorate. Biblical celebration is a way to remember all the good that God has done for us over thousands of years and generations. We dance, eat, and enjoy life to the fullest to remind our souls of God's glory.

**Even Jesus remembered.** Jesus' last meal with his disciples, known as the Last Supper for Christian traditions, was the Seder meal celebrated during Passover. Jesus was celebrating, remembering, and sharing his last meal with friends.



### In your Overflow Journal:

1. Do you prioritize worship?
2. How do you experience worship in a packed sanctuary versus alone?
3. What practices do you incorporate to adore God's goodness in your life?

## SCRIPTURE AND JOY

Last month, our Overflow focus was on studying and understanding God's Word. The practice of worship is a response to the story of God's people. We worship God because of the Word and deed of the Cross, and we dive into the Word of God because we love God himself. This produces deep joy in our souls as followers of Christ.

Look, again, at the majesty of Jesus. See the joy he wishes for you:

**“AS THE FATHER HAS LOVED ME, SO HAVE I LOVED YOU. NOW REMAIN IN MY LOVE. IF YOU KEEP MY COMMANDS, YOU WILL REMAIN IN MY LOVE, JUST AS I HAVE KEPT MY FATHER’S COMMANDS AND REMAIN IN HIS LOVE. I HAVE TOLD YOU THIS SO THAT MY JOY MAY BE IN YOU AND THAT YOUR JOY MAY BE COMPLETE”**

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**JOHN 15:9-11**

In the words of Saint Augustine, “The Christian should be an alleluia from head to foot!”

# COMMON THREADS

There are common threads between worship and celebration. Have you noticed them yet? They both center on the idea of togetherness. We worship together, and we celebrate together.

Gallup, a workplace consulting and global research group, released an article in March 2024 stating, “Two decades ago, an average of 42% of U.S. adults attended religious services every week or nearly every week. A decade ago, the figure fell to 38%, and it is currently at 30%. This decline is largely driven by the increase in the percentage of Americans with no religious affiliation—9% in 2000-2003 versus 21% in 2021-2023—almost all of whom do not attend services regularly.”

Combine those statistics with the alarming reality that we are becoming an isolated and lonely people and perhaps we can see how Scripture has given us a way to mend our brokenness through worship and celebration *together*.

The COVID-19 pandemic presented the church with significant opportunities, particularly in the realm of online worship. Online worship has proven to be a powerful tool for sharing the Gospel with those unable to attend traditional services, and it has also helped us stay connected as a church family during these challenging times.

While online church has its advantages, it can never replace the experience of worshipping together in person. Worship is a communal act of adoration towards God. The Kingdom of God is reflected when people from all nations come together to praise and celebrate the grace and love of our Savior.

The promise of Jesus,

**“AGAIN, TRULY I TELL YOU THAT IF TWO OF YOU ON EARTH AGREE ABOUT ANYTHING THEY ASK FOR, IT WILL BE DONE FOR THEM BY MY FATHER IN HEAVEN. FOR WHERE TWO OR THREE GATHER IN MY NAME, THERE AM I WITH THEM.”**

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**MATTHEW 8:19–20**

# WHAT DID JESUS TEACH?



EUGENE PETERSON ONCE SAID THAT  
IF YOU READ THE GOSPELS, YOU  
WILL BEGIN TO NOTICE A PATTERN  
THAT EMERGES IN THE GOSPEL  
NARRATIVES—JESUS IS ALWAYS  
COMING OR GOING TO A PARTY OR  
FELLOWSHIP WITH FRIENDS.

THINK ABOUT IT. JESUS' FIRST  
MIRACLE WAS TURNING WATER  
INTO WINE. HE WANTS YOU  
TO CELEBRATE.

Do a thought experiment for a second. When you imagine Jesus, do you ever imagine him smiling, dancing, feasting, or just having fun with his friends? This is likely not the image that comes to mind. In fact, for many, it was not until the television show *The Chosen* that we saw Jesus depicted as jovial and simply being human alongside his disciples.

**Jesus knew how to grieve with friends, how to heal friends, and how to let loose with his friends, too. Luckily, we get to follow his example.**

Think about our church calendar. One of the most frequent rhythms of the Church is the Sabbath Day. While we focus on Sabbath as a true rest day, it is also a celebration day.

Sabbath is a way to rest, *celebrate*, and delight in the redemption narrative arch of Scripture.

Sabbath is our weekly rhythm of rest, worship, and celebration.

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In the Parable of the Lost Sheep in the Gospel of Luke, Jesus demonstrates and tells us what type of joy he offers his disciples. Consider the words of Jesus:

**NOW, THE TAX COLLECTORS AND SINNERS WERE ALL GATHERING AROUND TO HEAR JESUS. BUT THE PHARISEES AND THE TEACHERS OF THE LAW MUTTERED, “THIS MAN WELCOMES SINNERS AND EATS WITH THEM.”**

**THEN JESUS TOLD THEM THIS PARABLE:**

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**“SUPPOSE ONE OF YOU HAS A HUNDRED SHEEP AND LOSES ONE OF THEM. DOESN'T HE LEAVE THE NINETY-NINE IN THE OPEN COUNTRY AND GO AFTER THE LOST SHEEP UNTIL HE FINDS IT? AND WHEN HE FINDS IT, HE JOYFULLY PUTS IT ON HIS SHOULDERS AND GOES HOME. THEN HE CALLS HIS FRIENDS AND NEIGHBORS TOGETHER AND SAYS, 'REJOICE WITH ME; I HAVE FOUND MY LOST SHEEP.' I TELL YOU THAT IN THE SAME WAY THERE WILL BE MORE REJOICING IN HEAVEN OVER ONE SINNER WHO REPENTS THAN OVER NINETY-NINE RIGHTEOUS PERSONS WHO DO NOT NEED TO REPENT.”**

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**LUKE 15:1-7**

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We have a Savior who not only will leave the ninety-nine to find you but *rejoices* when you are found. Jesus celebrates your salvation through God's grace and mercy. Jesus celebrates being fully God, fully human, and fully friend with you. This month, the invitation is to focus on being fully present as a friend to Jesus and your community.





In your Overflow Journal, consider: When you remind yourself that Jesus celebrates you, does that cause you to worship? What correlation can you discern between worship and celebration?

## THE WORDS OF PAUL

Jesus used parables to paint a portrait of God's love for us. As readers and disciples, we must always apply Jesus' teachings to our lives by asking, "What does this mean for me?"

This month, it is simple to say that because God and Jesus celebrate, so should we. But Paul takes it a step further and helps us consider what this means for us daily.

### PAUL SAYS IT LIKE THIS:

**REJOICE IN THE LORD ALWAYS. I WILL SAY IT AGAIN: REJOICE!  
LET YOUR GENTLENESS BE EVIDENT TO ALL. THE LORD IS  
NEAR. DO NOT BE ANXIOUS ABOUT ANYTHING, BUT IN EVERY  
SITUATION, BY PRAYER AND PETITION, WITH THANKSGIVING,  
PRESENT YOUR REQUESTS TO GOD. AND THE PEACE OF GOD,  
WHICH TRANSCENDS ALL UNDERSTANDING, WILL GUARD YOUR  
HEARTS AND YOUR MINDS IN CHRIST JESUS.**

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**PHILIPPIANS 4:4-7**

The joy and celebration offered in the Gospel are more than pure happiness. They are built around the idea that we can celebrate because God has already redeemed us.

Consider the Greek word for rejoice, *chairo*, pronounced (Khah'-ee-ro). The Greek translation literally means "favorably disposed to God's grace" or, more simply, "I find joy in God's grace," connoting inner peace and joy.

When Paul says that we should rejoice in the Lord, he means that we should worship and celebrate God's works. We seek inner peace by pursuing the grace freely given through the cross.

#### In your Overflow Journal:



1. When do you feel most celebrated? What connotes a celebration for you? For your family?
2. Are you able to celebrate others easily? Why or why not?

## PRACTICE

First, let's note that practice this month should be fun! On the following page is a list of ways to incorporate both worship and practice on an individual level.

**Be encouraged:** this month, focus on celebrating yourself and those around you. This may feel uncomfortable in the beginning. The Church has been good at stressing humility as a Christian virtue, but we have been less vocal about the need for celebration and rejoicing as spiritual practices and disciplines. Laughter, however, is good for the soul. Celebrating others (especially those we find more

challenging to celebrate) is an excellent practice for a disciple of Jesus.

## **PRACTICE WORSHIP:**

- Listen to praise music in the car.
- Begin your day with quiet time (yes, this can be an act of worship).
- Spend time in prayer.
- Commit your day and words to God.

## **PRACTICE CELEBRATION:**

- Spend an entire day indulging in your favorite foods.
- Gather friends around a table for an evening of good food and better conversation.
- Create rhythms of celebrating yourself—make promises to yourself and take time to recognize when you keep them.
- Create a day of joy by spending time doing things you love that can also bring others joy. Invite your family and friends to join you.

**NEHEMIAH SAID,**

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**“GO AND ENJOY CHOICE FOOD AND SWEET DRINKS, AND SEND SOME TO THOSE WHO HAVE NOTHING PREPARED. THIS DAY IS HOLY TO OUR LORD. DO NOT GRIEVE, FOR THE JOY OF THE LORD IS YOUR STRENGTH.”**

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**NEHEMIAH 8:10**

Life is hard enough. Our joy in God's promises and covenant to his people strengthens us. Life is meant to be cultivated in a place of deep joy with God's people through worship and celebration.



### In your Overflow Journal:

How will you worship and celebrate as an individual this month? How will you practice joy in the presence of the Lord?

## LOOKING FORWARD

As you prepare for group time this month, there are two things to be mindful of as we continue our Overflow journey.

1 //

In the upcoming month, our focus will be on service and generosity. Similar to how we invited your group to worship this month and then share a meal, we now invite you to join together in serving.

Peachtree Church has ministry partners locally and globally. For the month of October, our focus will be on getting to know our local mission partners and serving our community alongside them.

In the next month's group activity, we encourage you to gather your group at a time that works best for the majority and serve at one of our local missions.

Starting on Sunday, September 15, you can visit our website [PeachtreeChurch.com/OctServe](https://PeachtreeChurch.com/OctServe) to learn more about our partners and schedule a time to serve.

## 2//

Believe it or not, we must begin looking forward to the end of the year. During Overflow, you were invited to take a year-long journey with a small group of people to practice different spiritual disciplines. We hope it has been a fruitful and fantastic year!

As soon as possible, begin talking with your Overflow group about plans for the next year. You are not obligated to stay in your current group! If you wish to continue into 2025, know that Peachtree Church will continue providing ways to facilitate your small group.

**Here are some prompts to think through together as you begin the discernment process for 2025:**

1. What about this group has been great?
2. What about this group has been challenging (schedules, traffic, etc.)?
3. Who in your group has been making discipleship decisions? Who has been making hospitality decisions? Is it time to offer them a reprieve? If so, are there others in the group willing to lead?

Our promise is that we will continue providing materials to guide you on your journey with Jesus. It is our privilege to share the Gospel, help you grow in your walk with Christ, and support you in doing so alongside a group of people from your church.

More plans will be released in the coming months, but practice your gifts of discernment and prayer, inviting God to guide your group as we look forward to 2025.

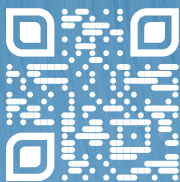
# GROUP PRACTICE



THIS MONTH, THE OVERFLOW  
GROUP PRACTICE WILL BE A LITTLE  
DIFFERENT. INSTEAD OF READING  
SCRIPTURE TOGETHER, WE WILL  
WORSHIP AND FEAST TOGETHER!  
THERE WILL BE TWO OPPORTUNITIES  
FOR YOUR OVERFLOW GROUP  
THIS MONTH.



WORSHIP AND  
CELEBRATION  
INTRODUCTION VIDEO



Join Mary Hoffman, Senior Music Ministry Director, and Rev. Wes Nichols, Pastor for Belong, to hear what worship and celebration means for their lives as disciples of Jesus.

### Review for last month (Study of God's Word):

1. Last month, we practiced Lectio Divina together as a group. Did that shape the way you read Scripture for the rest of the month in your individual practice? Why or why not?
2. Does reading Scripture and studying the Bible seem less intimidating to you now than it did before? Why or why not?

## WORSHIP TOGETHER

To begin with, you are encouraged to worship together with your Overflow Group on Sunday morning. While we can worship as individuals, worship is a communal act.

### PSALM 95 SAYS,

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**“COME, LET US BOW DOWN IN WORSHIP, LET US KNEEL BEFORE THE LORD OUR MAKER; FOR HE IS OUR GOD, AND WE ARE THE PEOPLE OF HIS PASTURE, THE FLOCK UNDER HIS CARE.”**

Throughout the Bible, we see that worship is something to be engaged in *together*. We each have our own individual relationship with God and worship him on our own. Still, communal, corporate worship is what shepherds us from an individual to a collective mindset—the Kingdom of God.

At Peachtree, we have two different styles of worship: traditional and contemporary. It is normal to prefer a specific worship style, both sacred and communal. This month, invite your Overflow group to worship together. As a group practice, pick a day to attend the traditional service and a day to go to the contemporary service together (it could even be the same day!).

**Look for where God is present and where worship is sacred.**

**After attending both services together, meet as a community and talk through the following questions:**

1. Where did we see God in the traditional and contemporary services at Peachtree?
2. Why do some people see worship with a “me mindset” instead of a “we mindset?”
3. How can we see worship as a communal act?
4. How can we grow as a community that worships God together this month?

## **CELEBRATING TOGETHER**

Have you ever noticed that the best conversations happen around a table? There is something formative about sharing a meal. In this month’s podcast, Justin Earley said that he feasts with friends and strangers alike because “we may not share a common vocabulary, but we can always share a common table.”

If the opportunity allows, feast and celebrate with your Overflow Group this month. You’ve been on this journey nearly a year now and have accomplished a lot of growth—celebrate that!



Below is a Liturgy for Feasting with Friends. If you listen to the Overflow podcast, you will recognize it as one of Pastor Rich's favorite ways to celebrate with friends. Before you enjoy a meal around the table, begin with the liturgy below.

*Overflow Group Leaders, you will begin by reading the Celebrant portion, and the group will respond together.*

## A LITURGY FOR FEASTING WITH FRIENDS

*Every Moment Holy by Douglas McKelvey*

### **CELEBRANT:**

To gather joyfully  
is indeed a serious affair,  
for feasting and all enjoyments  
gratefully taken are,  
at their heart, acts of war.

### **PEOPLE:**

In celebrating this feast  
we declare that  
    evil and death,  
    suffering and loss,  
    sorrow and tears,  
will not have the final word.

But the joy of fellowship, and the welcome  
and comfort of friends new and old,  
and the celebration of these blessings of  
food and drink and conversation and laughter  
are the true evidences of things eternal,  
and are the first fruits of that great glad joy  
that is to come and that will be unending.

So let our feast this day be joined  
to those sure victories secured by Christ.

Let it be to us now a delight, and a glad  
foretaste of his eternal kingdom.

Bless us, O Lord, in this feast.

Bless us, O Lord, as we linger over our cups,  
and over tables laden with good things,  
as we relish the delights of varied texture  
and flavor, of aromas and savory spices,  
of dishes prepared as acts of love and blessing,  
of sweet delights made sweeter by  
the communion of saints.

May this shared meal, and our pleasure in it,  
bear witness against the artifice and deceptions  
of the prince of the darkness that would blind  
this world to hope.

May it strike at the root of the lie that  
would drain life of meaning, and  
the world of joy, and suffering of redemption.

May this our feast fall like a great hammer blow  
against that brittle night,  
shattering the gloom, reawakening our hearts,  
stirring our imaginations, focusing our vision  
on the kingdom of heaven that is to come,  
on the kingdom that is promised,  
on the kingdom that is already,  
indeed, among us,  
for the resurrection of all good things  
has already joyfully begun.

ALL PARTICIPANTS NOW LIFT THEIR GLASSES OR CUPS.

May this feast be an echo of that great  
supper of the Lamb, and  
a foreshadowing of the great celebration  
that awaits the children of God.

Where two or more of us are gathered,  
O Lord, there you have promised to be.

And here we are.

And so, here are you.

Take joy, O King, in this our feast.

Take joy, O King!

GLASSES ARE CLINKED WITH CELEBRATORY CHIME, AND PARTICIPANTS  
IN THE FEAST SAVOR A DRINK, ADMONISHING ONE ANOTHER HEARTILY  
WITH THESE SINCERE WORDS:

Take joy!

**CELEBRANT:**

All will be well!

PARTICIPANTS THEN TAKE UP THE CRY:

All will be well!

Nothing good and right and true will be lost forever.

All good things will be restored.

Feast and be reminded!

Take joy, little flock.

Take joy! Let battle be joined!

Let battle be joined!

Now you who are loved by the Father,  
prepare your hearts and give yourselves wholly  
to this celebration of joy,  
to the glad company of saints,  
to the comforting fellowship of the Spirit,  
and to the abiding presence of Christ  
who is seated among us both as our host  
and as our honored guest, and still yet  
as our conquering king.

Amen.

In the name of the Father, the Son, and the Holy Spirit, take seat,  
take feast, take delight!

## CREATING A DAILY CULTURE OF WORSHIP AND CELEBRATION IN YOUR FAMILY

### WORSHIP: LIVING A LIFE OF CONSTANT ADORATION

Worship is more than just a Sunday morning activity; it's a lifestyle. If we want our families to be known as people who worship, we need to weave worship into the fabric of our daily lives. But how do we do this? Here are some practical ways to make worship a natural and cherished part of your family's routine.

- 1. Sunday Worship:** A Family Tradition In many families, attending church together on Sundays is a non-negotiable tradition. This habit of corporate worship, established early in life, can shape our attitudes towards God and community. When children see their parents prioritize church, they learn the value of coming together as a body of believers to honor God. Make church attendance a joyful and consistent practice, no matter what the week holds.
- 2. Worship Beyond the Church Walls:** Worship isn't confined to a church building. It can happen anywhere the Holy Spirit is welcomed. Consider creating holy moments in everyday spaces. For example, start your mornings by playing worship music during the car ride to school. This simple act can transform the atmosphere and set a positive tone for the day. Encourage your children to sing along or just listen, letting the words and melodies draw their hearts closer to God.
- 3. End the Day with Gratitude:** Before bedtime, gather as a family and ask, "What can we praise the Lord for today?" This question helps shift the focus from the day's challenges to the blessings God has provided. Gratitude is a powerful form of worship that refocuses our hearts on God's goodness. By incorporating this practice, you teach your children to recognize God's presence in their daily lives and to respond with thanksgiving.

### CELEBRATION: RECOGNIZING GOD'S GOODNESS DAILY

Celebration is about more than just parties and holidays; it's a spiritual discipline that reminds us of God's goodness and faithfulness. When we intentionally celebrate, we shift our focus from what we lack to what God has graciously provided.

- 1. Celebrating Others Without Comparison:** Celebrating God's work in others' lives can be challenging if we're caught in the trap of comparison. Teach your children to celebrate others by trusting God's timing and plan for their own lives. When we celebrate others, we acknowledge that God's blessings are abundant and unique for each person.
- 2. Daily Gratitude as a Pathway to Joy:** A tradition like sharing what we're thankful for at Thanksgiving can be powerful, but why limit this practice to once a year? Imagine starting or ending each day by asking your family to share something for which they're grateful. Whether it's during the car ride to school or around the dinner table, this daily habit can cultivate a culture of celebration in your home.
- 3. Celebrate the Small Wins:** Encourage your family to recognize and celebrate the little things God is doing in their lives. This could be as simple as acknowledging a kind word from a friend, a good grade at school, or a peaceful family moment. These daily celebrations foster an environment where everyone feels valued and where God's goodness is regularly acknowledged.

Worship and celebration are powerful practices that, when incorporated into daily family life, can transform your home into a place of constant adoration and joy. By making worship a daily habit and by celebrating God's goodness in the small moments, you create a family culture that reflects the heart of God. Encourage your family to live lives of worship and celebration, knowing that these practices will draw you closer to God and to each other.

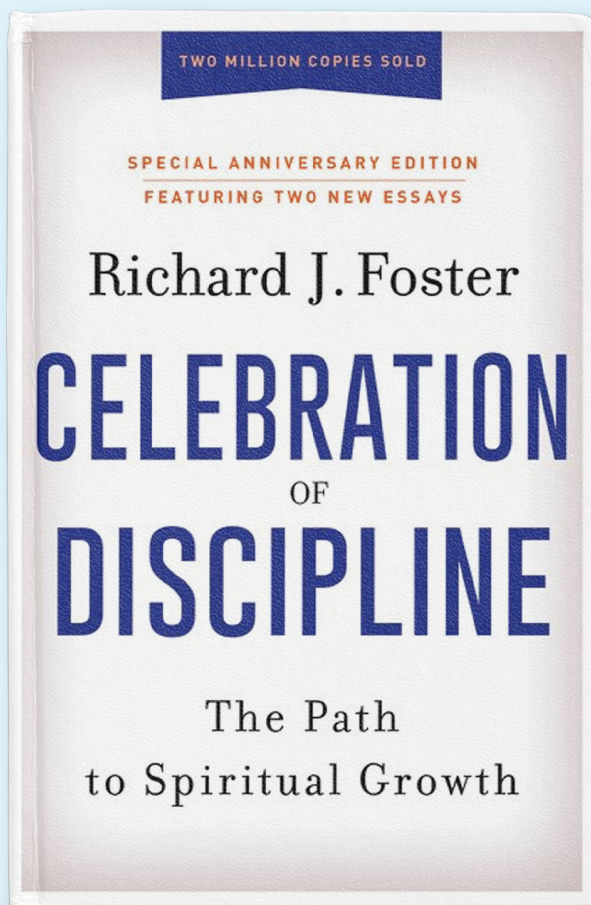
Each month, our Family Ministry Team will provide resources for your family to experience these practices in your home.



Scan the QR code to watch members from our Family Ministry Team help you as you continue to discern what this practice could look like in your family.

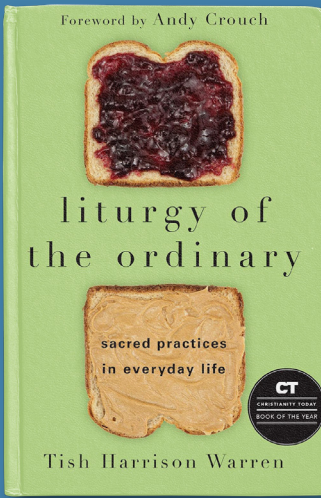
# RESOURCES

Want to go deeper in the practices of Worship and Celebration?  
Consider reading the suggested resource below:



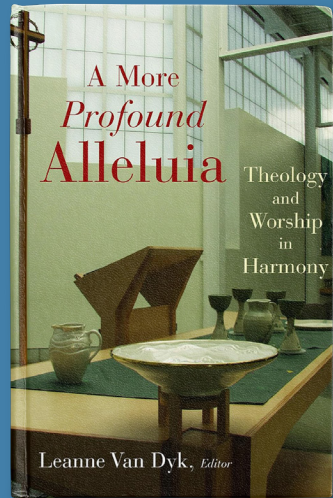
**CELEBRATION OF DISCIPLINES**

Richard J. Foster



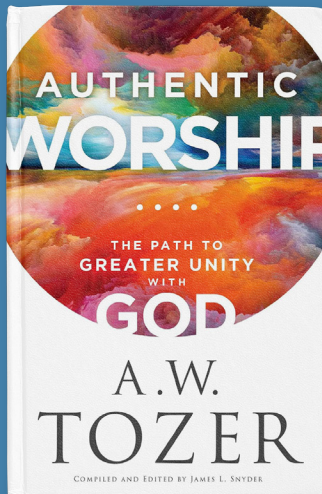
**LITURGY OF THE ORDINARY**

Tish Harrison Warren



**A MORE PROFOUND ALLELUIA**

Leanne Van Dyk



**AUTHENTIC WORSHIP**

A.W. Tozer

BRING THE FATTENED CALF AND  
KILL IT. LET'S HAVE A FEAST AND  
CELEBRATE. FOR THIS SON OF MINE  
WAS DEAD AND IS ALIVE AGAIN;  
HE WAS LOST AND IS FOUND.'

SO THEY BEGAN TO CELEBRATE.

---

LUKE 15:23-24



PEACHTREE  
CHURCH